

## PAIN ASSESSMENT

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Chief Complaint 1. \_\_\_\_\_ 2. \_\_\_\_\_

Is your present problem due to injury

On the job?  Auto Accident?  Personal Injury?  Other \_\_\_\_\_

Did you pain begin  Gradually?  Suddenly?

Is you pain worse when you

Sit  Bend  Walk  Lift  Push  Pull  Other \_\_\_\_\_

Which of the following areas do you have the most pain, discomfort or restriction of motion?

Neck  Shoulders  Arms  Hands  Upper Back  Mid Back  Low Back

Pelvis  Hips  Legs  Knees  Feet  Other \_\_\_\_\_

On an 8 hour day rate the % your pain when you:

Sit: \_\_\_\_\_ % of the time

Stand: \_\_\_\_\_ % of the time

Walk: \_\_\_\_\_ % of the time

Please mark the area of injury or discomfort on the chart below, using the appropriate symbols:

Numbness	Pins & Needles	Burning	Aching	Stabbing
-----	o o o o o	^ ^ ^ ^	x x x x	⊗ ⊗ ⊗ ⊗
-----	o o o o o	^ ^ ^ ^	x x x x	⊗ ⊗ ⊗ ⊗
-----	o o o o o	^ ^ ^ ^	x x x x	⊗ ⊗ ⊗ ⊗

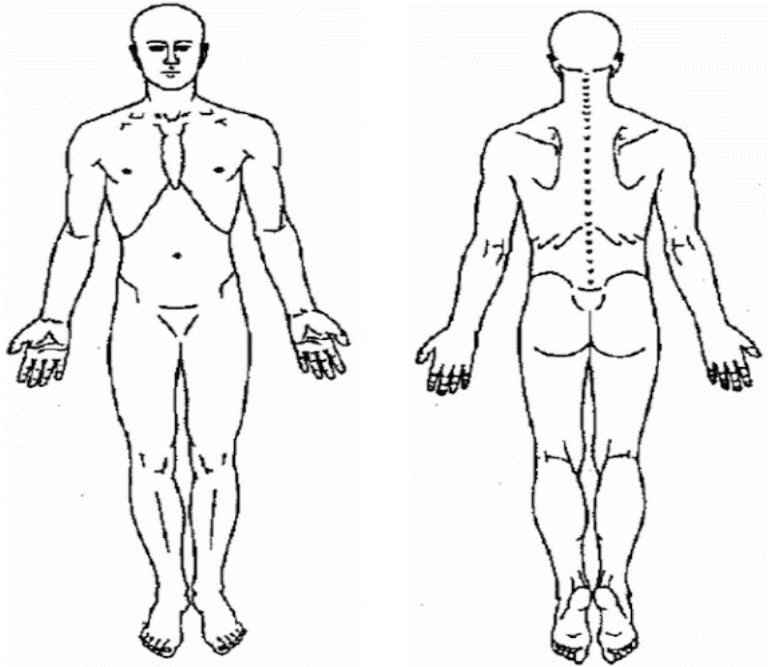
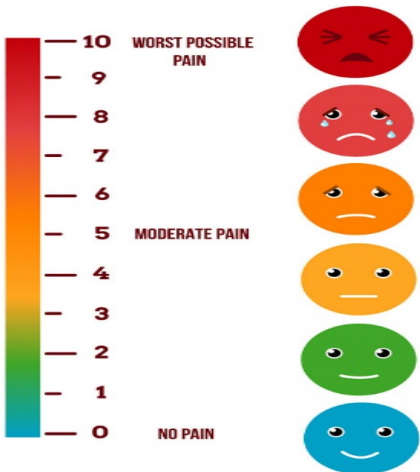
(Occasionally = 33%; Frequently = 34-68%; Continuously = 67-100%)

What percent of the time are you:

Housebound: \_\_\_\_\_ % of the time

Chair bound: \_\_\_\_\_ % of the time

Bedfast: \_\_\_\_\_ % of the time



Does your pain interfere with your Work? Sleep? Daily Routine?

List any additional comments you wish to make regarding your condition \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

Patient Signature \_\_\_\_\_